

FOREST VIEW NEWS

Coming Up!

- **December 21**-Last day of school before Christmas Break
- **January 2**-School Resumes
- **January 18**-1/2 day for students
- **February 15**-Teacher In-Service
- **February 18**-No School-Presidents' Day
- **February 29**-School dismissed at 1:20
- **March 4**-Rock & Roll into Reading Month Assembly
- **March 6**-P/T Conferences
Jr. K—5th 4:30-8:30
6th—12th 4:00-8:00
- **March 21**-No School-Good Friday
- **March 31-April 4**-No School/Spring Break
- **April 7**-School Resumes
- **April 30**-Upper Elementary Spring Music Concert
- **May 9**-VIP Day
- **May 26**-No School-Memorial Day
- **June 6**-Last Day of School-Dismissal @ 12:15 P.M.

FROM THE PRINCIPAL

Congratulations to our talented music teacher, Mrs. Adams, and to our very talented Jr. Kindergarten through 2nd grade students. The concert they presented for our enjoyment last Friday evening was fun and inspirational. Thank you to all of the Jr. Kindergarten through 2nd grade teachers and parents for their help with this program. I am always impressed by the exceptional talent and behaviors of the students of Forest View.

Thank you to Corey Jackson and all of the PTO volunteers who made the recent Craft Sale successful for our students. This is a great way for our students to shop for family members at a low cost with a large quantity and variety of items. This shopping tradition has helped make Christmastime festive for many years at Forest View and I hope it continues for many years to come. Once again, our programs cannot be successful without your help.

Thank you for sending your children to school ready to work during this busy holiday season. We appreciate all you are doing to make sure your children are well-rested and well-nourished.



The last day of school for 2007 will be Friday, December 21. Winter break will begin after school and continue through January 1. School will resume on January 2, 2008 at 8:50 a.m.

Have a great weekend!

Cadillac Community Schools Ski Program

3rd—5th grades.

The ski bus will depart from Forest View TUESDAYS at 4:30 PM on the following dates: January 8, 15, 22, & 29, February 5, 12, 19, 26, March 4 & 11.

After school and bus chaperones are still needed. Please call the school if you are interested.

BOX TOPS FOR EDUCATION

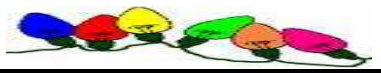
Thank you for continuing to collect Box Tops! We made \$125 last month—that's 1,250 Box Tops!

Congratulations to Miss Surguy's class. They collected 352 Box Tops in November and will enjoy a yummy treat for their efforts!

Check out the General Mills Box Tops website for family activities, shopping on-line and recipes!

CASA Volleyball

- Applications are now available for 4th, 5th, and 6th grade girls.
- Applications and the \$25 registration fee are due by December 21. Each participant will receive a t-shirt.
- Scheduled dates: January 12, 19, & 26, February 2 & 9. Sessions will run from 9–11 AM in the High School Performance Gym



Playground Superstars

Dennis Cook, Trenton Smith, Benjamin Eash, William Walker, Gavin Hathaway, Emma Gullekson, Bradley McNutt, Bryce Allison, Sawyer Thiebaut-Near, Kendra Bakke, Jordan McDonald, Kaeli Linton, Justin Bechtel, Nash Wheeler, Matthew Fox, Zachariah Reiter, Matthew Eash, Jessika Reed, Sierra Jones, Aliesha Junites, Taylor Steere, Tyler Anderson, Timothy Moran, and Autumn Johnson.

I Spy Awards

Cole Tanner
Alexis Sims
Josh Ockerman
Anastacia Beydoun
Jarret Rosenburg
Leah Goodrich
Mrs. Hanson's class
Mrs. Simons' class (2X)
Mrs. Veenstra's class
Mrs. Heuker's class
Miss Surguy's class
Mrs. Dunbar's class

A.R. T-shirts

Paige Fiet

I Spy Lunch with Mr. Kellogg at

Ponderosa

Justin Smith
Coleman Kimbel
Tyler Anderson
Josh Ockerman



Flu Facts

What are the symptoms?

Flu Symptoms include:

- A fever between 102° and 104° that lasts 3 days
- Muscle aches and pains
- Feeling very tired
- Headache
- Chest discomfort

Other symptoms may include a cough, stuffy nose, sore throat, and sneezing.

Flu symptoms usually go away within 2 weeks. If they last longer or get worse, call your doctor.

How can I Feel Better?

The best thing to do when you have the flu is take good care of yourself. Eat well and drink lots of fluids. Try water, soup, and caffeine-free drinks. Get plenty of rest. You may want to try over-the-counter medications. For example, nasal decongestants can help unclog a stuffy nose. Antihistamines stop sneezing. Acetaminophen can help a fever and aches. Remember, the flu is a virus. That means antibiotics won't cure it. They don't work against colds, the flu, or most coughs and sore throats.

Remember: Students must be fever free (less than 100° for 24 hours) before returning to school. If your child is vomiting, do not send him/her to school until vomiting has stopped for 24 hours. The Health Department requires that students with an undiagnosed rash not be allowed at school until he/she has been seen by a doctor. If you have any questions, call the school office.